

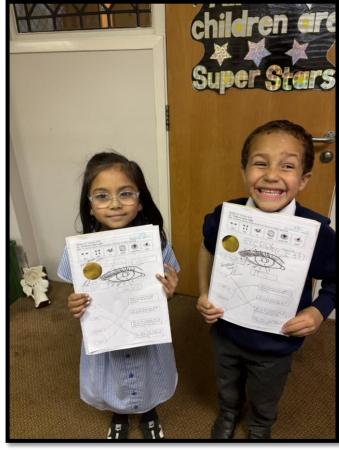
# St Paul's Newsletter

Friday 17th October 2025

# An update from Mr. Rubin...

Time speeds by as we approach the end of the first half term. How did that happen so quickly! The big news to share with you is that the school had its SIAMS Inspection on the 3<sup>rd</sup> October. I will look forward to sharing the report with you as soon as we receive it which I am hoping will be just before half term but before it arrives, I wanted to say a big thank you to our children and school community who work so hard every day. Whilst I have not seen the final report, we were humbled by the feedback we received on the day. I also wanted to thank our parent/carer community who were able to give up their time to speak to the Inspector, our staff including Mrs Bahi from St John's (who is our Federation RE Coordinator) – everyone did so well. A thank you to our Leadership Team who got everything organised so well and in addition thanks to Ms Elizabeth and Father Richard who do so much for us at the Church and to our Chair of Governors and our outgoing Foundation Governor Nathaniel who were tremendous! Have a wonderful weekend a fabulous Diwali and be kind to one another.







#### Follow Us on X and Instagram

One of the very best ways to keep up to date with what is happening in our school is to follow us on social media. We are on X

<a href="https://twitter.com/StPaulsCESchool">https://twitter.com/StPaulsCESchool</a> and <a href="https://www.instagram.com/stpaulswhitechapel/?hl=en">https://www.instagram.com/stpaulswhitechapel/?hl=en</a>
Follow us – there are some fantastic photos and clips of your children.



#### **Keeping Children Safe online**

Andrew from Konflux Theatre came to school to deliver fun, interactive, and important messages to our pupils about how to stay safe online. The workshops were lively and engaging, capturing the pupils' attention through drama and participation. Pupils were encouraged to think critically about their online behaviour and the importance of protecting their personal information in a digital world. The sessions provided practical strategies that pupils can use to navigate the internet safely and responsibly. Throughout the workshops, pupils demonstrated excellent engagement and responded thoughtfully to the scenarios presented, showing a clear understanding of the risks and how to manage them.

Thank you also to Ms Blake for organising these valuable workshops and ensuring that our pupils have access to quality online safety education. This initiative is a key part of our commitment to fostering a safe, supportive school community for pupils in and out of the classroom.









#### **New Parent Governor Needed**

Huge thanks to Mr Ahmed who has stepped down from his role as Parent Governor. He has supported the school since May 2023 and we are so grateful for his wisdom, time and support. Our Governing Body has a strong focus on three core strategic functions

- Ensuring Clarity of Vision
- Holding the Headteacher to account for the educational performance of the school and its pupils
- Overseeing the financial performance of the school and making sure its money is well spent
   Governors commit to attend regular meetings and training. Each individual Governor is a member of the Governing Body and all decisions are the joint responsibility of the Governing Body.

We are now looking for a new Parent Governor to join. If you could send expressions of interest to <a href="mailto:Parents@st-pauls.towerhamlets.sch.uk">Parents@st-pauls.towerhamlets.sch.uk</a>, we will begin the process.



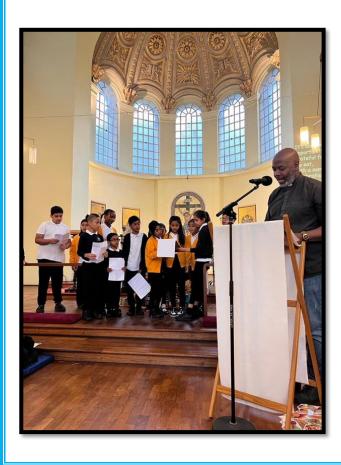


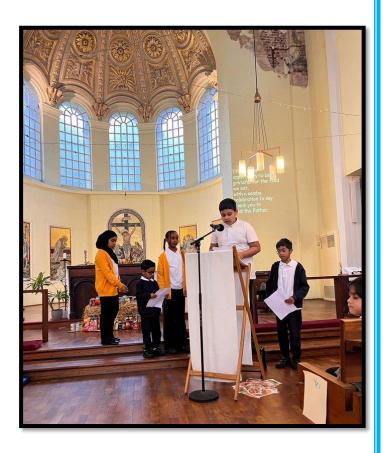
## **Harvest Update**

We had a wonderful Harvest Church Service which was so much fun for our whole school community. Thank you to all our parents for their generous and kind donations of food, which will make a real difference to those in need.

The service was a great success and our SIAMS Inspector really enjoyed hearing the readings and taking part in the actions.

Thank you to Father Richard and Ms Elizabeth for leading the service and our actors and Worship Council for taking part. Thank you also to Mr Bruce for his musical accompaniment, which is always so lovely to hear. Yet another opportunity for our community to come together and shine!









#### **Worship Council Update**

We are pleased to announce that our Worship Council is now up and running! Meeting regularly, this dedicated group of pupils shares thoughtful ideas on how we can actively live out our school Values inside the classroom and throughout the wider community. At our school, we recognise the importance of worship, spirituality, prayer, and reflection across all faiths and for those of no particular faith. These moments foster a sense of belonging and shared purpose, enriching our community and supporting personal growth. We are especially grateful to Ms Elizabeth for her support and guidance with this project. Her commitment helps ensure that our Worship Council's work is inclusive, inspiring, and impactful, strengthening the spiritual life and shared values of our school community.

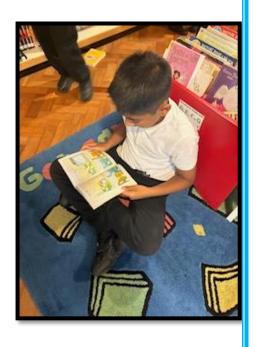








We Love to Read!



















Class Trips and school workshops have been great fun so far this term!





# **Fun in the Early Years**

I am always so impressed with the awe and wonder you see when you walk through our Early Years classes. It is such a beautiful environment to learn, grow, play and have fun!











#### **Oracy Update Class 4**

How lovely to see children in class 4 honing their oracy and debating skills. Being able to think critically and consider different points of view is such a skill.



#### **Cross Country at Victoria Park**

Congratulations to our Cross Country Team who recently visited Victoria Park to take part in the borough wide tournament. They all did ever so well and had a lot of fun.. Big thanks to Coach Idris and our parent volunteers for organising and taking on the day.







## Place2Be Update

We had an important Place2be parent session focusing on the transition from Year 6 to Year 7. Thank you to Ms Rachael and Ms Naddy for supporting our parents with this.



## **Teddy Bear Hospital**

We had a wonderful group of trainee doctors and dentists here today running our annual Teddy Bear Hospital. Our Y1 and Y2 class had a great time learning about their bodies and teeth and how to be healthy and have good oral hygiene. Thank you to Ms Reader for organising.

### **Key Dates Coming Up: (Do check the calendar on the website too)**

Parents Afternoons/Evening Photo Day (and Sibling)

**Open Mornings** Odd Socks Day Children in Need Bikeability - Class 6

Y3 Trip to ST Paul's Cathedral

Nursery Visit to Ideas Store

Christmas Fayre

Tuesday 21st October Monday 3<sup>rd</sup> November Wednesday 5<sup>th</sup> November Monday 10<sup>th</sup> November Friday 14th November WB Mon 17<sup>th</sup> November Friday 21st November Wednesday 26th November

Wednesday 17th December















# Let's Talk SEND

Come along to an information event for parents and carers to find out about Coproduction and help develop a Borough wide charter

For further information, contact us at: Tel: 0207 364 4461 Email: Mark.Penn@towerhamlets.go.uk

When: Friday 26th September 11am-12pm

Friday 24<sup>th</sup> October 10.30am-11.30am

Friday 21st November 11am-12pm

Where: Parents Advice centre, 30 Greatorex street,

**E1 5NP** 



www.localoffertowerhamlets.co.uk/pages/local-offer/send/lets-talk-send

# What's On at St Margaret's House for Children and Families

Join us for free workshops, a low-cost performance for families and find out about our term-time activities



# **FREE Half Term Circus sessions**

Sessions support the development of new skills, communication and creative thinking! Children will learn different juggling and balancing techniques.

Free to attend thanks to funding from the Tower Hamlets Mayor's Community Fund.

Sessions are aimed at children aged 5-8 years. Click the picture to find out more and book your ticket

**Venue:** Tramshed Community Hub, Digby Street, E2 OLS **Dates & Time:** 

- Tuesday 28th October, 10am-12noon
- Thursday 30<sup>th</sup> October, 2-4pm
- Friday 31st October, 10am-12noon



# Dan of All Tricks - Family Show

Roll up, roll up! Dan's got some circus tricks to share with you! Prepare to be wow-ed! Join us for a whistle-stoptour through juggling, balancing and much, much more. This show will amaze as you travel through the many tricks Dan has got up his sleeve. This is a family experience not to be missed. Click the picture to find out more and book

Venue: Mulberry Hall, St Margaret's House, 21 Old Ford Road

**Date:** Saturday 1<sup>st</sup> November

Times: 11am and 2pm

Running Time: 35mins plus 15 mins of circus play

Suitable for children 3+ and their families

St Margaret's House Arts and Wellbeing Centre, 21 Old Ford Road, E2 9PL

www.stmargaretshouse.org.uk









# Half term swimming crash courses

Get a head start with swimming this October half term with our short, intensive swim crash courses at Mile End, Tiller and York Hall leisure centres. Perfect for:

- Beginners needing extra support
- Building confidence during half term
- Trying out our fantastic swimming lessons
- @ 27-31 October
- Daily 30-minute lessons
- For ages 4+
- Small class sizes for focused learning

This course is open to everyone, and our friendly teachers are in the pool with beginners to provide support and make learning fun! Secure your child's spot today!

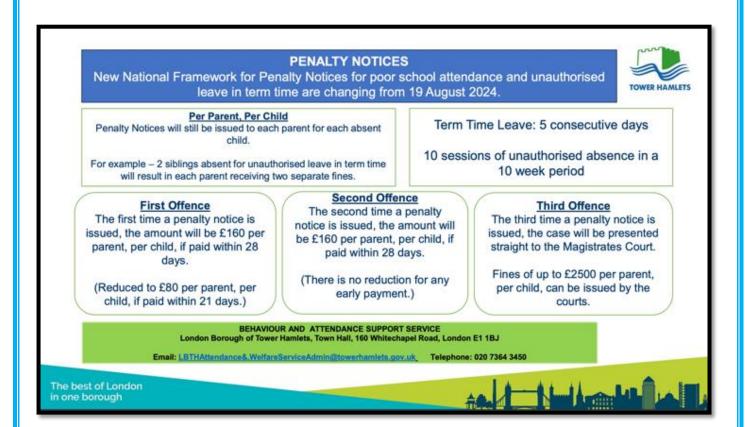
Book your place today!





# <u>Penalty Notices Information – New National Framework</u>

Please read and familiarise yourself with the latest guidance from Tower Hamlets. Please note that the fines go to the local authority and that all schools receive this information to share with parents/carers.







### **WRAPAROUND CARE**

Our wraparound care after school club has started.

It is open every day from 3:30pm – 5:30pm and is open to everyone from Nursery to Year 6 at a cost of £8.00 per session that must be booked in advance.

Lots of activities, healthy snacks and an opportunity to have fun in the safe environment of our school.















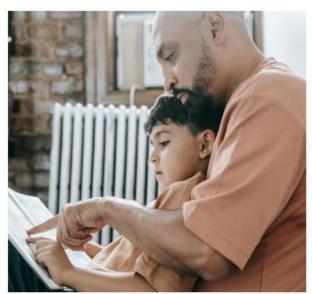


# Support for dads to get involved with their child's learning

A session is being held for dads and male carers of children with SEND to help them get involved with their child's learning. The session is being delivered by the SENDIASS team and will include tips, advice and support, including:

- How to support their child's learning at home
- Effective communication strategies with teachers
- Fun activities to do with their child
- Resources and support available for SEND families.

Wednesday 24th September 3.30pm-5pm Ocean Children and Family Centre, Whitehorse Road, E1 OND Whitehorse Road E1 OND



For more information, email <u>mark.penn@towerhamlets.gov.uk</u>
or call 07858 689 243
Use the QR code or this link to sign up





Dear parent/guardian,

It is our privilege to invite your child to join **St George's Youth Choir**. Places have been offered to students who have shown potential and enthusiasm in school and I hope that you will encourage your child to try out our choir and experience the many musical and social opportunities it will offer.

#### What is St George's Youth Choir?

St George's Youth Choir is run by St George-in-the-East Church and is proudly the first 'Choir Church' initiative in the country. We are also delighted to be a partner of St Paul's Cathedral's Choral Foundation. Striving for excellence, team spirit, fun, and amazing performance opportunities, we work to help young people grow and be the best they can be. In recent years, we have taken members to sing at St Paul's Cathedral and Kings College, Cambridge. We are an inclusive choir and we welcome children of all faiths, and none.

#### Where and when does the choir rehearse?

The choir rehearses weekly at **St George-in-the-East Church** on **Wednesdays** during term time from **4:00–5:00 PM**, with **snacks and socialising from 3:45 PM**. We celebrate a **monthly sung Eucharist** as part of our Wednesday evening sessions, which we warmly encourage friends and family to attend. Our unique, diverse and exciting performance schedule will be shared upon signing your child up.

#### How much does it cost?

With generous support from St George-in-the-East Church and a number of trust and foundations, our choir is FREE to join!

#### How do I confirm my child's place?

Places are limited, so please sign up your child as soon as possible using the following link: <a href="https://forms.gle/H3kgGgPQVuYUYJqD7">https://forms.gle/H3kgGgPQVuYUYJqD7</a>. A member of our team will then be in touch to confirm your child's place.

Will Bruce and Elizabeth Stout

Choir Director and Schools and Families Pastor







# Don't worry about screen time; aim for screen quality

Scrolling through social media isn't the same as making a film or story, or video calling Grandma. Use the Children's Commissioner's 'Digital Five A Day' to plan or review each day together.

Be Mindful Connect

Give to Be others Active

Get Creative



# Check the safety settings are turned on

Whether it's your home internet, mobile devices, consoles, apps or games, there are lots of settings to make them safer. The key ones are - can they chat to strangers, can they video chat or 'go live', are their posts public? What about safe search and Youtube? See parentsafe.lgfl.net for more.



# Get your children to show you their apps and games

You don't need to know all about the latest app or game, but if your child shows you what they are doing and with whom, you'll probably see if it's appropriate or not. Remember 18 games are not more advanced – they are harmful to children! For parent guides to apps, including recommendations for kidsafe apps and video platforms, search for Common Sense Media reviews.



# Don't try to hide news about scary things in the news

If you don't talk about it, your children might read inappropriate pages, believe scare stories or simply catastrophise in their heads. Why not watch Newsround together and talk about how they feel – there is guidance from Childline to help you.

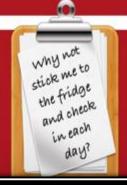


# Remind them of key online safety principles

There are too many to list, but remember human behaviour is the same online and offline. Remind your children to be a good friend, to ask for help if they are worried or if someone is mean, not to get undressed on camera and most important of all... if somebody tells them not to tell or ask for help because it's too late or they will get in trouble, THAT'S A LIE!

# If you aren't sure, ASK!

Your school may be able to give you advice, but there are plenty of other places to ask for help as a parent or a child, whether it is advice or help to fix something. Lots of sites are listed at reporting.lgfl.net, including ones to tell your kids about (they might not want to talk to you in the first instance).





#### CONTRACT CATERING SERVICES

Apr 2025 - Oct 2025









**REE FROM** Main Allergens Wednesday





Dates

Option 1

Option 2

21 Apr 2025 • 05 May • 19 May • 02 Jun • 16 Jun • 30 Jun • 14 Jul • 28 Jul • 11 Aug • 25 Aug • 08 Sep • 22 Sep • 06 Oct • 20 Oct

















**Green Beans &** 

Mashed Swede with



Cod Fish Fingers with

Chips





Wedges

**Curried Roasted** 

Chef's House Salad

Carrots & Sweetcorn

Carrots Cucumber, Red Onion and Dill Salad



(7)

Peas & Baked Beans





Cauliflower & Chickpea

Korma with Rice



Seasonal Fresh Fruit Salad 0

Blueberry Fruit Fool





























Week

2

Option 1

'Traditional Day'

28 Apr 2025 \* 12 May \* 26 May \* 09 Jun \* 23 Jun \* 07 Jul \* 21 Jul \* 4 Aug \* 18 Aug \* 1 Sept \* 15 Sept \* 29 Sept \* 13 Oct \* 27 Oct



Option 2 Style Strips & Vegetable Wrap

hicken Fillet Burger with Baked Potato Neapolitan Pasta Bake Wedges Spicy Chicken

Cheese, Tomato & Basil Turnover Puff with Baked Potato Wedges 🔘

Crispy Southern Fried

Jacket Potato with Leek Onion & Beans (7)

'Roast Beef with Roast

Potatoes & Gravy"

Quorn Rendang Curry with Rice

or Bubble Salmon Fillet with Chips

bble Crumb Fish Bites





Green Beans & Sweetcorn

**Broccoli & Baked Beans** (7)

Spring Cabbage & Carrots 0

Vegetable Medley

Singapore Chicken Stir

Fry with Noodles

**Quiche with Chips** 

Peas & Baked Beans





Dessert

Peppers, Cucumber & **Carrots Sticks** 

Beans & Chilli Salsa

3 Green Bean Slaw 0 **Italian Crouton Salad** 



Fruity Yoghurt Bar with Toppings

Cheddar Cheese with

Chef's House Salad Seasonal Fresh Fruit

Yoghurt with Pineapple

Tropical Fruity Yoghurt



Breadstick DAILY OPTIONS: DAILY SALAD & SEASONAL FRESH FRUIT PLATTER 🕝 FRESH BREAD & YOGHURTS 🔕



Please Note that some dishes maybe subject to local changes to suit individual school needs

## **Chef Hassane Presents**

Two dishes packed full of flavour, from two parts of the globe, that you will enjoy this season. Swedish Beef Meatballs and Singapore Chicken Noodles, or as ABBA said Mama Mia!!!





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Every effort is made to minimise risk of cross-contamination. However, it should be noted that our food is prepared in a kitchen where known allergens may be present and therefore the risk of cross-contamination remains a risk. Please ask staff for further details regarding specific dietary requirements and/or allergens.



AWARD

**Enjoy** and eat healthy! HASSANE X

TH - BASE MENU







# Tower Hamlets & City SENDIASS (Special Educational Needs Information, Advice and Support Service)

The SENDIASS Team provides free and impartial expert advice to parents of children with SEND and to children and young people themselves who are residents within Tower Hamlets or City of London. Some of the ways we can support you are:

- Attending meetings with schools/professionals
- Applying for an Education Health and Care Plan
- Mediation with the Local Authority
- Preparing and attending SEND Tribunals
- Providing information about other support services and departments

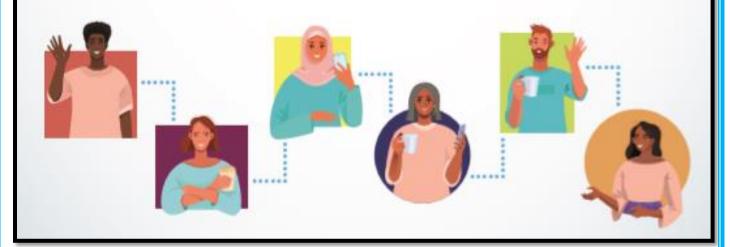
Our team also runs workshops for parents around the EHCP process, Annual Reviews, and Secondary School Transitions.

If your query can not be resolved during the telephone consultation, we will take a referral and you will be allocated a caseworker who will contact you within 10 working days.

We have a dedicated telephone line, **020 7364 6489**, that you can call to speak to an advisor Monday-Friday, 9:00 a.m-17:00 p.m.

You can also email us at: towerhamlets&city.sendiass @towerhamlets.gov.uk

You can visit our website at: https://www.towerhamletsandcity sendiass.com/



DISC VER

# FCAIRING L

£6.00

PER SESSION

YOUTH AGE

5-7

WEDNESDAY TERM TIME ONLY

4:45-5:45 PM

ST PAULS WHITECHAPE PRIMARY SCHOOL E1 8GN

PLEASE USE BACK GATE

**BOOK VIA HAPPITY** 

FOOTBALL+STGEORGEINTHEEAST.ORG

George east



# The Designated Members of Staff Responsible for Safeguarding and Child Protection at St Pauls are:



Mr Rubin

Executive Headteacher



Ms Blake
Head of School



Ms Foster Senior Leader

#### Term Dates and Holidays - 2025/ 2026

#### Autumn Term 2025

Staff Training Monday 1st & Tuesday 2nd September (2days)

Term 1 Wednesday 3rd September–Friday 24th October(38 days)

Half Term Monday 27<sup>th</sup> October – Friday 31<sup>st</sup> October

Term 2 Monday 3<sup>rd</sup> November – Friday 19<sup>th</sup> December (35 days)

Christmas break Monday 22<sup>nd</sup> December – Friday January 2<sup>nd</sup>

Christmas Day Thursday 25<sup>th</sup> December Boxing Day Friday 26<sup>th</sup> December New Year's Day Thursday 1<sup>st</sup> January

Spring Term 2026

Staff Training Monday 5<sup>th</sup> January (1 day)

Term 3 Tuesday 6<sup>th</sup> January- Friday 13<sup>th</sup> February (29 days)

Half Term Monday 16<sup>th</sup> February-Friday 20<sup>th</sup> February

Term 4 Monday 23<sup>rd</sup> February-Friday 27<sup>th</sup> March (25 days)

Good Friday Friday 3<sup>rd</sup> April
Easter Monday 6<sup>th</sup> April

Summer Term 26

Term 5 Monday 13<sup>th</sup> April-Friday 22<sup>nd</sup> May (29 days)

May Day Bank Holiday Monday 4<sup>th</sup> May Spring Bank Holiday Monday 25<sup>th</sup> May

Half Term Monday 25<sup>th</sup> May – Friday 29<sup>th</sup> May

Term 6 Monday 1<sup>st</sup> June- Thursday 16th July (34 days)
Staff Training Friday 17<sup>th</sup> July (1 day)

Ramadan begins 18<sup>th</sup> February Eid Al-Fitr 20<sup>th</sup> March Eid Al-Adha 27<sup>th</sup> May

195 School Days including 5 training days (1 to be arranged)