



St Paul's Newsletter

Friday 1st May 2026

An update from Mr. Rubin...

I hope you are well and enjoying the good weather. The endeavours of the London Marathon have made me reflect on our value this half term: Endurance. This feels especially apt as our Year 6 pupils prepare to sit their SATs in May - they have been working incredibly hard and we are very proud of them.

As you read the newsletter you will see how busy the pupils have been, taking part in many fun learning activities, from visits to the Soanes Centre to study ecology and ecosystems to trips to the House of Lords to learn about democracy and free speech.

It was lovely to welcome so many parents and carers into school to see how their children are getting on. I am grateful to staff for working so hard to accommodate all the meetings.

Coming up, we are planning a SIAMS celebration day for the pupils which promises to be great fun!

Enjoy the newsletter and the bank holiday, and please remember to be kind to one another.



Kindness Cup Update

We are always so proud of our children who work so hard to be kind to one another. Here are a couple more outstanding Kindness Cup winners.



Follow Us on X and Instagram

One of the very best ways to keep up to date with what is happening in our school is to follow us on social media. We are on X <https://twitter.com/StPaulsCESchool> and <https://www.instagram.com/stpaulswhitechapel/?hl=en>
Follow us – there are some fantastic photos and clips of your children.



Y2 Trip to the Soanes Centre

Year 2 went over to Mile End to visit The Soanes Centre
A great trip involving pond dipping and exploring the
woodland area all around.

Thanks to Ms Khanom, Ms Saida and Ms Runa for
taking them along and Ms Reader for organising.

Pupils enjoyed hands-on science, recording creatures
and asking great questions about the habitat. They
returned full of excitement and with a new respect for the
local wildlife and a deeper understanding of eco systems
and local habitats.



Year 1 Class Assembly

Congratulations to our brilliant children and staff for their epic Class Assembly. They have such a joy for their learning with so much crammed in. Well done!



Cooking and Nutrition Update

We would like to thank Reynolds Foods for all the support they give to our cooking and nutrition programme. Their generosity helps our children develop important practical skills from chopping and measuring to following recipes and working safely in the kitchen. More importantly it gives them the confidence and knowledge to make healthy choices in their everyday lives. Our children absolutely love taking part in these sessions exploring new ingredients, trying different foods and learning to create delicious nutritious meals. This fantastic programme truly helps our children let their light shine giving them skills, independence and enthusiasm that will last a lifetime.



Basketball Update

Our basketball squad has been honing skills, developing teamwork and improving fitness through focused drills and scenarios. Pupils practise shooting, passing and defensive techniques, receive feedback on positioning and movement, and work on communication to read the game better. Sessions emphasise resilience, respect and fair play while preparing teams for interschool fixtures and events. Thank you to Coach Idris for his commitment, for coaching sessions and for taking the children to matches and tournaments, giving them valuable experience and confidence on court and beyond.



Football Update

Our junior girls football team played superbly in a recent tournament, showing skill, determination and excellent teamwork. Pupils demonstrated sharp passing, strong defending and confident finishing, while supporting one another on and off the pitch. Matches were competitive but friendly and the squad showed great play throughout. The experience boosted their confidence and match awareness and everyone had a lot of fun trying new tactics and celebrating each other's successes. Well done to the team for their effort, enthusiasm and brilliant attitude.





Learning in the Early Years

Our EYFS pupils have been busy exploring the wonders of the great outdoors! Outdoor learning is a vital part of our early years curriculum, offering children the space to build confidence, independence and physical strength and we are blessed with space! By engaging with nature - whether building wooden structures or examining spring blooms - our youngest learners develop essential problem-solving skills and a sense of curiosity about the world around them. These hands-on experiences promote teamwork and communication in a natural, stimulating environment. We love seeing our pupils thrive as they lead their own learning outside!



A Royal Adventure at the Tower of London

Our EYFS pupils stepped back in time this week with a brilliant visit to the Tower of London. It was a joy to watch their faces light up as they explored this iconic landmark in our local community.

The children showed wonderful curiosity while examining historical artefacts and even had a special encounter with a Yeoman Warder. Trips like these are vital for our youngest learners. They build confidence, develop communication skills and bring history to life. Our pupils were fantastic ambassadors for the school as they explored the ancient grounds.





Learning Through Play in The Early Years

Sharing Great Work

We take immense pride in the achievements of our pupils and there is nothing quite like the buzz of sharing great work across the school. Whether it is a beautifully drafted story, a complex maths investigation or an intricate piece of art, showcasing these successes builds a vital sense of community and self-esteem.

It allows children to learn from one another, take inspiration from their peers and feel truly valued for the effort they put into their learning.





Year 6: Beyond the classroom

Our Year 6 pupils recently enjoyed an inspiring visit to the Houses of Parliament, showing that life in their final year is about much more than just revising for SATs. While academic progress is important, we believe in providing a rich, well rounded experience that prepares children for the world beyond the school gates.

The trip was a fantastic opportunity to see British values in action. By exploring the heart of our democracy, pupils gained a deeper understanding of the rule of law and individual liberty. From learning about the importance of debating to finding out more about the history of the Palace of Westminster, the children engaged with the concepts of mutual respect and tolerance that underpin our society. It was wonderful to see them so energised by their surroundings, asking insightful questions and showing real curiosity about how our country is governed.



School Councils Meet at City Hall

Our school council members enjoyed a brilliant joint trip with pupils from St John's to visit the heart of London's government. The day was a fantastic opportunity for our young leaders to learn from the experts about how democracy works in our capital.

The children spent time finding out about the vital work of the Mayor of London and the London Assembly. They explored how decisions are made that affect millions of Londoners, from transport and policing to environmental projects. Learning about the democratic process first-hand helped our councillors understand how they can represent their peers' voices back at school.

Although it was unfortunately a bit too windy to take the cable car, the weather didn't dampen our spirits. Seeing the councils work together across schools was a proud moment, highlighting the importance of collaboration and mutual respect in any democratic system.

Key Dates Coming Up: (Do check the calendar on the website too)

May Day Bank Holiday
Y3 Class Assembly
SATS Week
Y4 Class Assembly
Sports Day
Y5 Class Assembly
Last Day of Term

Monday 4th May
Friday 8th May
WB 11th May
Friday 15th May
Thursday 21st May
Friday 22nd May
Friday 22nd May



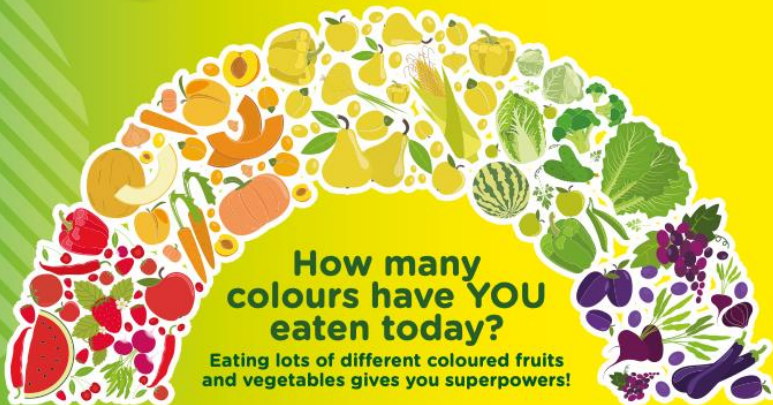
CONTRACT CATERING SERVICES LUNCH MENU Apr 2026 - Oct 2026



Week 1	Monday 'Planet Earth Day'	Tuesday 'Street Food Day'	FREE FROM Main Allergens Wednesday 'Traditional Day'	Thursday India	Friday 'Favourites'
Dates	13 Apr 2026 • 27 Apr • 11 May • 25 May • 08 Jun • 22 Jun • 06 Jul • 20 Jul • 03 Aug • 17 Aug • 31 Aug • 14 Sep • 28 Sep • 12 Oct • 26 Oct				
Option 1	Spinach & Ricotta Tortellini in a Rich Creamy Tomato Sauce	Tower Burger with Cajun Potato Wedges	Beany Vegetable Hotpot	Vegetable Samosa with Pilau Rice & Cucumber Raita	BBQ Crispy Tofu Fillet with Chips
Option 2	Chickpea & Vegetable Jollof Rice	Meat Feast Pizza with Cajun Potato Wedges	Lemon & Herb Roast Chicken with Roast Potatoes & Gravy	Naga Beef Curry with Pilau Rice and Mango & Chilli Sauce	MSC Pollock or Salmon Fish Fingers with Chips
On the side	Peas & Carrots	Roasted Mediterranean Vegetables	Broccoli & Sweetcorn	Roasted Curried Cauliflower & Green Beans	Garden Peas and Baked Beans
Salads	Tomato & Basil Salad	Crunchy Coleslaw	Chef's House Salad	Masala Spiced Cucumber, Tomato & Onion Salad (Kachumber Salad)	Apple & Cucumber Salad
Dessert	Fruity Yoghurt Bar with Toppings	Cheesy Pot with Breadsticks	Seasonal Fresh Fruit Salad	Mango Yoghurt	Blueberry Yoghurt with Rice Krispies
DAILY OPTIONS: DAILY SALAD & SEASONAL FRESH FRUIT PLATTER FRESH BREAD & YOGHURTS					

Week 2	Monday 'Planet Earth Day'	Tuesday 'Street Food Day'	FREE FROM Main Allergens Wednesday 'Traditional Day'	Thursday Spain	Friday 'Favourites'
Dates	20 April 2026 • 04 May • 18 May • 01 Jun • 15 Jun • 29 Jun • 13 Jul • 27 Jul • 10 Aug • 24 Aug • 7 Sep • 21 Sep • 5 Oct • 19 Oct				
Option 1	Creamy Butternut Squash Macaroni Cheese	Cheese & Tomato Calzone with Spicy Potato Wedges	Jacket Potato with Vegetable & Bean Chilli	Spanish Omelette with Garlic Bread	Chickpea, Cauliflower & Spinach Curry with Rice
Option 2	Five Spiced Edamame Bean & Vegetable Stir Fry with Noodles	Spaghetti Bolognese	Beef Sausages with Mashed Potato & Onion Gravy	Spanish Chicken in Bravas Sauce with Rice	Vinegar Infused Tempura Pollock Fillets with Chips
On the side	Sweetcorn & Peas	Vegetable Medley	Shredded Green Cabbage & Sweetcorn	Spanish Green Beans with Tomatoes & Spiced Roasted Carrots	Garden Peas and Baked Beans
Salads	Herby Crouton Salad	Pepper, Carrot & Cucumber Sticks	Chef's House Salad	Spanish White Bean Salad	Cucumber Raita
Dessert	Fruity Yoghurt Bar with Toppings	Cheesy Pot with Breadsticks	Seasonal Fresh Fruit Salad	Cantaloupe with Mixed Berry Yoghurt	Apple & Banana Yoghurt Crunch
DAILY OPTIONS: DAILY SALAD & SEASONAL FRESH FRUIT PLATTER FRESH BREAD & YOGHURTS					

Please Note that some dishes maybe subject to local changes to suit individual school needs



How many colours have YOU eaten today?

Eating lots of different coloured fruits and vegetables gives you superpowers!




IMPORTANT INFORMATION:
Every effort is made to minimise risk of cross-contamination. However, it should be noted that our food is prepared in a kitchen where known allergens may be present and therefore the risk of cross-contamination remains a risk. Please ask staff for further details regarding specific dietary requirements and/or allergens.

Fantastic FOOD IN SCHOOLS

Penalty Notices Information – New National Framework

Please read and familiarise yourself with the latest guidance from Tower Hamlets. Please note that the fines go to the local authority and that all schools receive this information to share with parents/carers.

PENALTY NOTICES
New National Framework for Penalty Notices for poor school attendance and unauthorised leave in term time are changing from 19 August 2024.



Per Parent, Per Child
Penalty Notices will still be issued to each parent for each absent child.
For example – 2 siblings absent for unauthorised leave in term time will result in each parent receiving two separate fines.

Term Time Leave: 5 consecutive days
10 sessions of unauthorised absence in a 10 week period


First Offence
The first time a penalty notice is issued, the amount will be £160 per parent, per child, if paid within 28 days.
(Reduced to £80 per parent, per child, if paid within 21 days.)

Second Offence
The second time a penalty notice is issued, the amount will be £160 per parent, per child, if paid within 28 days.
(There is no reduction for any early payment.)

Third Offence
The third time a penalty notice is issued, the case will be presented straight to the Magistrates Court.
Fines of up to £2500 per parent, per child, can be issued by the courts.

BEHAVIOUR AND ATTENDANCE SUPPORT SERVICE
London Borough of Tower Hamlets, Town Hall, 160 Whitechapel Road, London E1 1BJ
Email: LBTHAttendance&WelfareServiceAdmin@towerhamlets.gov.uk Telephone: 020 7364 3450

The best of London
in one borough





WRAPAROUND CARE

Our wraparound care after school club has started.

It is open every day from 3:30pm – 5:30pm and is open to everyone from Nursery to Year 6 at a cost of £8.00 per session that must be booked in advance.

Lots of activities, healthy snacks and an opportunity to have fun in the safe environment of our school.





WE ARE

**YOUTH
YOUTH
YOUTH**

WE ARE

**A YOUTH MOVEMENT IN TOWERHAMLETS
CREATING COMMUNITY AND CHANGING CULTURE**

AT ST JOHN ON BETHNAL GREEN

FREE DROP IN YOUTH SESSION
FROM 3:30-5:00PM

EVERY MONDAY TERM TIME





WELCOME TO ST GEORGE-IN-THE-EAST

Dear parent/guardian,

It is our privilege to invite your child to join **St George's Youth Choir**. Places have been offered to students who have shown potential and enthusiasm in school and I hope that you will encourage your child to try out our choir and experience the many musical and social opportunities it will offer.

What is St George's Youth Choir?

St George's Youth Choir is run by St George-in-the-East Church and is proudly the first 'Choir Church' initiative in the country. We are also delighted to be a partner of St Paul's Cathedral's Choral Foundation. Striving for excellence, team spirit, fun, and amazing performance opportunities, we work to help young people grow and be the best they can be. In recent years, we have taken members to sing at St Paul's Cathedral and Kings College, Cambridge. We are an inclusive choir and we welcome children of all faiths, and none.

Where and when does the choir rehearse?

The choir rehearses weekly at **St George-in-the-East Church** on **Wednesdays** during term time from **4:00–5:00 PM**, with **snacks and socialising from 3:45 PM**. We celebrate a **monthly sung Eucharist** as part of our Wednesday evening sessions, which we warmly encourage friends and family to attend. Our unique, diverse and exciting performance schedule will be shared upon signing your child up.

How much does it cost?

With generous support from St George-in-the-East Church and a number of trust and foundations, our choir is **FREE** to join!

How do I confirm my child's place?

Places are limited, so please sign up your child as soon as possible using the following link: <https://forms.gle/H3kgGgPOVuYUYjqDZ>. A member of our team will then be in touch to confirm your child's place.

Will Bruce and Elizabeth Stout

Choir Director and Schools and Families Pastor



Don't worry about screen time; aim for screen quality

Scrolling through social media isn't the same as making a film or story, or video calling Grandma. Use the Children's Commissioner's 'Digital Five A Day' to plan or review each day together.



Check the safety settings are turned on



Whether it's your home internet, mobile devices, consoles, apps or games, there are lots of settings to make them safer. The key ones are - can they chat to strangers, can they video chat or 'go live', are their posts public? What about safe search and Youtube? See parentsafe.lgfl.net for more.

Get your children to show you their apps and games



You don't need to know all about the latest app or game, but if your child shows you what they are doing and with whom, you'll probably see if it's appropriate or not. Remember 18 games are not more advanced - they are harmful to children! For parent guides to apps, including recommendations for kidsafe apps and video platforms, search for **Common Sense Media** reviews.

Don't try to hide news about scary things in the news



If you don't talk about it, your children might read inappropriate pages, believe scare stories or simply catastrophise in their heads. Why not watch **Newsround** together and talk about how they feel - there is guidance from **Childline** to help you.

Remind them of key online safety principles



There are too many to list, but remember human behaviour is the same online and offline. Remind your children to be a good friend, to ask for help if they are worried or if someone is mean, not to get undressed on camera and most important of all... if somebody tells them not to tell or ask for help because it's too late or they will get in trouble, **THAT'S A LIE!**

If you aren't sure, ASK!

Your school may be able to give you advice, but there are plenty of other places to ask for help as a parent or a child, whether it is advice or help to fix something. Lots of sites are listed at reporting.lgfl.net, including ones to tell your kids about (they might not want to talk to you in the first instance).





Tower Hamlets and City
SEND IASS



Tower Hamlets & City SENDIASS

(Special Educational Needs Information, Advice and Support Service)

The SENDIASS Team provides free and impartial expert advice to parents of children with SEND and to children and young people themselves who are residents within Tower Hamlets or City of London. Some of the ways we can support you are:

- Attending meetings with schools/professionals
- Applying for an Education Health and Care Plan
- Mediation with the Local Authority
- Preparing and attending SEND Tribunals
- Providing information about other support services and departments

Our team also runs workshops for parents around the EHCP process, Annual Reviews, and Secondary School Transitions.

If your query can not be resolved during the telephone consultation, we will take a referral and you will be allocated a caseworker who will contact you within 10 working days.

We have a dedicated telephone line, **020 7364 6489**, that you can call to speak to an advisor Monday-Friday, 9:00 a.m-17:00 p.m.

You can also email us at:
towerhamlets&city.sendiass@towerhamlets.gov.uk

You can visit our website at:
<https://www.towerhamletsandcitysendiass.com/>



DISCOVER
FOOTBALL
JUST PLAY

FOOTBALL

Training

£6.00
PER SESSION

YOUTH AGE
5-7

WEDNESDAY
TERM TIME ONLY

4:45-5:45 PM

ST PAULS WHITECHAPE PRIMARY SCHOOL
E1 8GN

PLEASE USE BACK GATE

BOOK VIA HAPPITY

FOOTBALL@STGEORGEINTHEEAST.ORG

St
George
—in-the—
east





The Designated Members of Staff Responsible for Safeguarding and Child Protection at St Pauls are:



Mr Rubin
Executive Headteacher



Ms Blake
Head of School



Ms Foster
Senior Leader

St John's & Paul's Whitechapel CE Primary Schools Term Dates and Holidays - 2025/ 2026

Autumn Term 2025

Staff Training	Monday 1st & Tuesday 2nd September (2 days)
Term 1	Wednesday 3 rd September – Friday 24 th October (38 days)
Half Term	Monday 27 th – Friday 31 st October
Term 2	Monday 3 rd November - Friday 19 th December (35 days)

Christmas break Monday 22nd December– Friday January 2nd

Christmas Day Thursday 25th December
Boxing Day Friday 26th December

Spring Term 2026

Staff Training	Monday 5th January (1 day)
Term 3	Tuesday 6 th January -Friday 13 th February (29 days)
Half Term	Mon. 16 th to Fri. 20 th February
Staff Training	Friday 27th February (1 day)
Term 4	Monday 23 rd February – Friday 27 th March (24 days)

Good Friday Friday 3rd April
Easter Monday Monday 6th April /

Summer Term 2026

Term 5 Monday 13th April – Friday 22nd May (29 Days)

May Day Bank Holiday Monday 4th May
Spring Bank Holiday Monday 25th May
Half Term Monday 25th May to Friday 29th May

Term 6 Monday 1st June – Friday 17th July - 2pm (35 days)

Ramadan begins 18th February 2026
Eid Al-Fitr 20th March 2026
Eid Al-Adha 27th May 2026

190 School Days, 5 Staff Training Days (1 as a twilight)